

Advanced Entry Kinesiology (BHSc) for Massage Therapy Graduates 2025-2026

The below is a suggested program summary. Actual offering may differ from semester 1 to 2.

Year 1	Semester 1	Prerequisite(s)	Semester 2	Prerequisite(s)
	KINE 1020U - Information Literacy and Written Communications		KINE 1120U - Human Growth and Motor Development	
	KINE 1030U - Quantitative Reasoning		KINE 1140U - Exercise Biochemistry	
	KINE 2010U - Health and Indigenous People in Canada	KINE 1130U	KINE 2130U - Exercise Physiology	KINE 1100U
	KINE 2140U - Research Methods		KINE 2110U - Motor Control and Learning	KINE 1110U
	KINE 2030U Psychology of Sport and Exercise	KINE 1130U	KINE 3100U - Nutrition and Health	KINE 1100U
Year 2	Semester 1	Prerequisite(s)	Semester 2	Prerequisite(s)
	KINE 3000U - Fitness Assessment & Exercise Prescription	KINE 2130U	KINE 2120U – Ethical Behaviour	KINE 1130U
	KINE 3010U - Critical Appraisal of Statistics	KINE 2140U	KINE 2040U - Biomechanics	KINE 1030U and KINE 1100U; Co-Requisite(s): KINE
	KINE 3000 or 4000 Level Elective		KINE 4100U - Kinesiology Capstone	90 credit hours/Final year of KINE program
	KINE 3000 or 4000 Level Elective		KINE 3000 or 4000 Level Elective	
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*Open Electives may be at any level, in any Faculty. **Senior-level Kinesiology elective courses may be chosen based on recommended clusters in the Kinesiology handbook. If interested in being eligible to apply for AT internship for final year, students must take KINE 3476 (Advanced Sport Injury Management) for their elective